For each of the following questions select the single best answer

1. A hypertensive patient has been admitted in a ward for observation. He informs the attending nurse about squeezing pain in the chest even at rest. Which of the following action is necessary for this patient?
   A. Give ibuprofen tablet to reduce pain
   B. Advise the patient to move out for fresh air
   C. Rest to the patient and call the attending doctor
   D. Inform the patient that he is fine nothing to worry.

2. A patient has just returned from the post anaesthesia care unit (PACU) after haemorrhoidectomy. His postoperative orders include sitz baths every morning. The nurse understands that sitz bath is necessary to
   A. Relieve tension
   B. Promote healing
   C. Lower body temperature
   D. Reduce pain

3. Which of the following symptoms is most characteristic of a patient with a cancer of the lung?
   A. Air hunger
   B. Exertional dyspnea
   C. Cough with night sweats
   D. Persistent or intense coughing

4. A 36 year old female complains of headache and neck pain. Examination by a nurse reveals painful flexion of the neck to the chest (nuchal rigidity). This could be due to
   A. Brain tumor
   B. Meningitis
   C. Cerebro-vascular accident
   D. Subdural hematoma

5. Which one of the following is a non-modifiable risk factor for atherosclerosis?
   A. Cigarette smoking
   B. Hyperlipidemia
   C. Female over 55 years of age
   D. Sedentary lifestyle

6. Aphasia refers to
   A. Increased rate of speech
   B. Inability to speak
   C. Loud speech
   D. High pitch speech

7. Doctor has advised the nurse to prepare the room for a patient with a spinal cord injury (at C7 level). Which one of the following is most essential to be kept ready for this patient?
   A. The halo brace device
   B. A catheterization tray
   C. A ventilator on stand by
   D. The spinal kinetic bed

8. Mr. Prem has been diagnosed to have Parkinson's disease. He complains that the resting tremors he is experiencing in his right hand are very frustrating. What advice to be given to him by the attending nurse?
   A. To take a warm bath
   B. To hold an object
   C. To practice deep breathing
   D. To give diazepam as needed

9. Mr. Santosh, 18 year old student, is admitted to the ward with a diagnosis of epilepsy. He tells the nurse that he is experiencing a generalized tingling sensation and smell of roses. These complaints indicate
   A. acute neuritis
   B. acute cerebro-vascular accident
   C. an aura
   D. an olfactory hallucination

10. Nurse attending to a patient receiving electroconvulsive therapy (ECT) in a psychiatry department should ensure the compliance of all of the following EXCEPT
    A. Emptying of bladder and bowel is not necessary.
    B. Patient's hair should be kept clean and dry.
    C. Hairpins, bracelets, body piercing should be removed.
    D. Take the informed consent from a patient/ legal heir.

11. A person seeing a design on the floor thought it was a fossil. It is an example of
    A. Illusion
    B. Delusion
    C. Hallucination
    D. Idea of reference